



# Volunteer Advocate Training

SPRING 2026



## ABOUT

### Advocate Training

Our 50-hour domestic and sexual violence training is required prior to becoming a direct-service advocate. This comprehensive training covers the spectrum of domestic and sexual violence, trafficking, the impact of trauma, crisis intervention, advocacy skills, and more.

### Volunteer Requirements

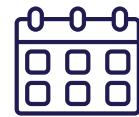
Volunteers need to have strong communication skills, cultural awareness, and the ability to maintain confidentiality. Additionally, volunteers must: be at least 18 years old, have a valid driver's license, pass a background check, commit to at least one year of service, and attend required meetings and trainings.

### Next Steps

1. If you have not done so, complete the [Volunteer Application](#) and indicate your areas of interest.
2. You will then receive an email with next steps and a registration link.
3. Preregistration is required to attend the training.

### Training Attendance Requirements

- **Shelter and On-Call Hospital Advocates:** Attendance is required for all ten training sessions
- **Childcare Advocates:** Attendance is required for three designated sessions. Specific dates will be noted on the final training agenda, which will be provided prior to the start of training.



## TRAINING DATES

### SPRING 2026

#### WEEK 1

- Tuesday, March 31 | 5:30 - 9:00 pm
- Thursday, April 2 | 5:30 - 9:00 pm
- Saturday, April 4 | 9:00 am - 4:30 pm

#### WEEK 2

- Tuesday, April 7 | 5:30 - 9:00 pm
- Thursday, April 9 | 5:30 - 9:00 pm

#### WEEK 3

- Tuesday, April 14 | 5:30 - 9:00 pm
- Thursday, April 16 | 5:30 - 9:00 pm
- Saturday, April 18 | 9:00 am - 4:30 pm

#### WEEK 4

- Tuesday, April 21 | 5:30 - 9:00 pm
- Thursday, April 23 | 5:30 - 9:00 pm

### Questions?

Contact Michele White, Volunteer Services Coordinator, with questions at 763-795-5452 or email at [white@alexandraphouse.org](mailto:white@alexandraphouse.org).

**24-Hour Helpline:** 763-780-2330

**Website:** [alexandraphouse.org](http://alexandraphouse.org)