



Volunteer Advocate Training

SPRING 2026



ABOUT

Advocate Training

Our 50-hour domestic and sexual violence training is required prior to becoming a direct-service advocate. This comprehensive training covers the spectrum of domestic and sexual violence, trafficking, the impact of trauma, crisis intervention, advocacy skills, and more.

Volunteer Requirements

Volunteers need to have strong communication skills, cultural awareness, and the ability to maintain confidentiality. Additionally, volunteers must: be at least 18 years old, have a valid driver's license, pass a background check, commit to at least one year of service, and attend required meetings and trainings.

Next Steps

1. If you have not done so, complete the [Volunteer Application](#) and indicate your areas of interest.
2. You will then receive an email with next steps and a registration link.
3. Preregistration is required to attend the training.

Training Attendance Requirements

- **Shelter and On-Call Hospital Advocates:** Attendance is required for all ten training sessions
- **Childcare Advocates:** Attendance is required for three designated sessions. Specific dates will be noted on the final training agenda, which will be provided prior to the start of training.



TRAINING DATES

SPRING 2026

WEEK 1

- Tuesday, March 31 | 5:30 - 9:00 pm
- Thursday, April 2 | 5:30 - 9:00 pm
- Saturday, April 4 | 9:00 am - 4:30 pm

WEEK 2

- Tuesday, April 7 | 5:30 - 9:00 pm
- Thursday, April 9 | 5:30 - 9:00 pm

WEEK 3

- Tuesday, April 14 | 5:30 - 9:00 pm
- Thursday, April 16 | 5:30 - 9:00 pm
- Saturday, April 18 | 9:00 am - 4:30 pm

WEEK 4

- Tuesday, April 21 | 5:30 - 9:00 pm
- Thursday, April 23 | 5:30 - 9:00 pm



Questions?

Contact Michele White, Volunteer Services Coordinator, with questions at 763-795-5452 or email at white@alexandrahouse.org.