

## Support Survivors Through **SERVING A MEAL**



### READY TO SERVE A MEAL?

Email:

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### PARTNER WITH PURPOSE

As a *Serve a Meal* Volunteer Group, your generous **meal donation and preparation** provide not only nourishment but also hope to individuals and families in our care by:

- Planning a delicious menu your group will shop for and prepare—think pasta night, taco bar, or even a backyard-style BBQ with root beer floats.
  - NOTE: Please include non-pork options when providing a meal.
- Cooking and serving a meal for 20–25 residents, plus your group if you want to join in.
- Adding personal touches—decorate for a holiday, bring a fun dessert activity for the kids, or choose a theme that makes the meal feel extra special.
- Helping with cleanup so the space is ready for the next meal.

#### SHIFT TIMES MONDAY-FRIDAY (WEEKENDS NOT AVAILABLE):

- Lunch: 10:30 am – 12:30 pm, served at 11:30 am–12:15 pm
- Dinner: 4:00 – 6:00 pm, served at 5:00–5:45 pm
- NOTE: allow extra time before and after for prep and cleanup.

**WHO:** Best for groups of 3–5 people (ages 15+; an adult must accompany youth under 18).

### 2024 Statistics

- 435 participants in shelter
- 7,718 nights of safety
- 24,100 meals served