



IN PERSON SUPPORT GROUP FOR SURVIVORS OF DOMESTIC VIOLENCE



Join our weekly support group for adult women who have experienced domestic abuse, held in person at the Alexandra House, Blaine Campus. This group is facilitated by a trauma-informed therapist from Conscious Healing Counseling. You will have the opportunity to connect with others, heal together, and learn about the impact of abuse on your mental health and overall well-being.



WEEKLY SUPPORT GROUP

Day: Thursdays

Time: 5:00 - 6:00 pm

Place: Alexandra House | 10065 3rd Street NE, Blaine, MN

If you are interested in participating, please complete the [Support Group Interest Form](#). For more information or questions, email supportgroups@alexandrahouse.org or call 763-780-2330.

*All services are free and confidential! * Preregistration required for all groups. **