

# Alexandra House

24-Hour Domestic and  
Sexual Violence Helpline:

763-780-2330

[alexandrahouse.org](http://alexandrahouse.org)



“Alexandra House saved my  
life, body, soul, and spirit.  
I'm free!! Do I have  
struggles? Yes, but I learned  
to be my own advocate.”

“Alexandra House helped  
me feel safe and ensured  
I had a safety plan  
when I left.”

## Help for Victims of Domestic and Sexual Violence

Ayuda para las víctimas de vio-  
lencia doméstica y sexual

Kev Pab Rau Cov Neeg Raug  
Lwm Tus Hauv Tsev Tsim  
Txom thiab Quab Yuam

مساعدة لضحايا العنف المنزلي والجنسي

Caawimaad ku Socota  
Dhibbanayaasha Bahdilka  
iyo Kufsiga Guriga

**Interpreter services are  
available.**



# Alexandra House

Help for Victims of  
Domestic and  
Sexual Violence



Alexandra House  
Working to end domestic  
and sexual violence.

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# 24 Hour Helpline and Shelter

## 763-780-2330

Who We Are

Alexandra House is a non-profit, community-based organization located in Blaine, Andover, and Anoka which provides 24-hour emergency shelter, supportive services, and community advocacy to victims/survivors of domestic, sexual, and relationship violence.

### Mission

*Our mission is to empower victims of domestic and sexual violence, and inspire social change, through education, support, and advocacy.*



### Domestic and Sexual Violence

**Domestic violence** is a pattern of abusive behavior that one person uses to gain or maintain power and control over another. Domestic violence can be physical, sexual, emotional, financial, or psychological actions or threats of actions that influence another person.

**Sexual violence** is the use of sexual actions and words that are unwanted by and/or harmful to another person. Some of these actions are defined as crimes by Minnesota statutes. Some experiences of sexual violence are hurtful violations of personal boundaries but may not rise to the level of a crime. However, that does not diminish the victim's experience of being harmed.

**All services are free and confidential.**

## Our Services

### 24-Hour Emergency Shelter

Available to victims of domestic and sexual violence and sex trafficking, as well as elder abuse. All necessities are provided, including meals, toiletries, clothing, linens, diapers, and laundry facilities.

### Linus' Pet Haven

Onsite co-sheltering for survivors and their pets, offering safe refuge and essential care. Families can heal together without the fear of separation, with access to veterinary care, food, supplies, and indoor/outdoor pet spaces.

### 24-Hour Helpline and Online Chat

Confidential support, including advocacy, information, or referrals for victims of domestic and sexual violence or family/friends seeking assistance for loved ones.

### Housing and Supportive Services

Available to survivors transitioning out of shelter, this program offers transformative opportunities to achieve personal goals, increase financial stability, build life skills, integrate into the community, and maintain stable housing.

### Legal Advocacy

A resource to help participants navigate the legal system in criminal and protective order cases.

### 24-Hour Hospital Advocacy

On-site advocacy and support to victims of domestic and sexual violence at Mercy Hospital - Unity Campus and local affiliated Allina clinics.

### Support Groups

Community-based support groups teach self-advocacy and coping skills while providing support and feedback throughout the healing journey.

### Youth Services

School-based prevention education, advocacy, one-on-one, and support group intervention services are provided to elementary, middle, high school, and college-aged students throughout Anoka County—Summer community-based outreach services are provided through local partnerships.

### Elder Abuse Services

Comprehensive services and support to older adult abuse, neglect, and financial exploitation victims.

### Community Education and Professional Training

Presentations and trainings for professional or community organizations/groups.

## You Can Help

### Volunteer

Volunteers support nearly every area of the organization.

Opportunities Include:

- Childcare Volunteer \*
- Shelter & Supportive Services Advocate \*
- On-Call Hospital Advocate \*
- Kitchen/Facility Assistant
- Community Engagement
- Service Projects/Special Events

A 50-hour volunteer training is offered biannually for individuals 18 years or older who wish to work directly with our participants. **\*Requires training**

Information on volunteering with Alexandra House can be found at [alexandrahouse.org](http://alexandrahouse.org).

### Financial and Material Contributions

We rely on the generosity of our community to continue our services. Alexandra House is a 501(c)(3) nonprofit organization. Financial contributions to Alexandra House may qualify as a charitable deduction for federal income tax purposes.

You can donate online at [alexandrahouse.org](http://alexandrahouse.org), or mail your contribution to:

**Alexandra House**  
10065 - 3<sup>rd</sup> Street NE  
Blaine, MN 55434

SCAN TO DONATE



### Material Goods

If you are interested in donating material goods, please call the Donation Hotline at 763-795-5473 or email [donations@alexandrahouse.org](mailto:donations@alexandrahouse.org) to schedule an appointment.

### Host a Drive

Individuals or groups are always welcome to hold a drive on our behalf. Contact our Donor Services Assistant for more information at 763-795-5471.

