

10065 - 3<sup>rd</sup> Street NE Blaine, MN 55434 www.alexandrahouse.org

# **Volunteer Opportunities**

Whether it is a single day project, a skills-based opportunity, or a long-term commitment to Alexandra House; volunteering makes a difference in the lives of survivors. We work closely with individuals, businesses, and community groups to find volunteer opportunities that match their skills, interests, and availability.

## INDIVIDUAL OPPORTUNITIES

### **Housing and Supportive Services Advocate**

- Provide assistance with 24-hour help line and working with clients residing in the emergency shelter to meet their needs
- Must be 18+ years old, complete mandatory 50-hour training, have a valid driver's license, and pass a background check

### **On-Call Hospital Advocate**

- Work with healthcare and law enforcement to provide support and information to victims who have experienced domestic or sexual violence on site at Mercy and Unity Hospital
- Must be 18+ years old, complete mandatory 50-hour training, have a valid driver's license, pass a background check, and in general, live within 30 miles of Mercy and Unity Hospital

## **Support Group Facilitator (availability limited)**

- Facilitate and guide a safe and supportive support group environment
- Must be 18+ years old, complete mandatory 50-hour training, have a valid driver's license, and pass a background check

## **Childcare Volunteer**

- Plan activities and care for children of all ages residing at the shelter
- Must be 18+ years old, complete mandatory 16-hour training, and pass a background check

#### **Kitchen / Facilities Volunteer**

- Preparing, portioning and serving meals and snacks to shelter residents
- Must be 18+ years old, all genders, brief training, and pass a background check

To become a volunteer, complete our Volunteer Application online at <a href="www.alexandrahouse.org">www.alexandrahouse.org</a>. For more information, contact our Volunteer Services Coordinator at <a href="communications@alexandrahouse.org">communications@alexandrahouse.org</a> or 763-795-5452.





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# **Group Volunteer Opportunites**

Alexandra House welcomes groups from corporations, faith communities, sororities, and other social groups to help us with a variety of projects either on one-time or on-going.

#### **O**NSITE

**Cleaning and Organizing:** sorting and bundling donations or organizing the donation center

**Prepare and Serve a Meal:** plan, purchase the ingredients, prepare, and serve a meal at the shelter. Evenings or weekends, serving 25+ people

**Children Activities:** game night, arts and crafts, story time, cookie decorating, gingerbread house making, or pumpkin decorating (groups need to plan and purchase the necessary supplies)

**Holiday Shopping:** set up, clean up, help our participants shop or wrap gifts at our Holiday Gift Shop (December)

**Outdoor Projects\*:** bench, playhouse, pergola restoration, and/or landscape projects \* Should your group be interested in completing an outdoor service projects, please:

- allow for 1-2 months of planning time before the project can be implemented;
- understand we have limited resources to support outdoor projects, we are more likely to welcome volunteer groups who are willing to make a contribution to our mission in addition to providing the supplies and/or covering cost of the activity.

#### **O**FFSITE

**Donation Drive:** organize a drive to collect non-perishable food, toys, bedding, personal care items, or monetary gifts to benefit Alexandra House and its participants

**Event Support:** join an event planning committee, or volunteer to work at one of our fundraising events HopeFest (September) or Hope Gala (March)

**Special Projects:** make tie blankets, assemble craft kits (variety of ages), make birthday bags

To discuss a potential group project, contact our Volunteer Services Coordinator at communications@alexandrahouse.org or 763-795-5452.

