



About Advocate Training

Our 50-hour domestic and sexual violence training is required prior to becoming a direct-service advocate. This training covers the spectrum of domestic and sexual violence, trafficking, the impact of trauma, crisis intervention, advocacy skills, and more.

Volunteer Requirements

Volunteers need to have excellent communication skills, heightened cultural awareness, and an ability to maintain confidentiality. Additionally, volunteers must: be over 18, have a valid driver's license, pass a background check, be able to make a one-year commitment, and attend meetings and trainings as needed.

Get Started

Pre-registration is required to attend the training and **all sessions are mandatory**. Complete the [Volunteer Application](#) to be placed on our volunteer training contact list. Contact Michele White, Volunteer Services Coordinator, with questions at 763-795-5452 or email at mwhite@alexandrahouse.org.

Spring 2025 Training

Training Dates

WEEK 1

- Tuesday, March 4 | 5:30 – 9:00 pm
- Thursday, March 6 | 5:30 – 9:00 pm
- Saturday, March 8 | 9:00 am – 4:30 pm

WEEK 2

- Tuesday, March 11 | 5:30 – 9:00 pm
- Thursday, March 13 | 5:30 – 9:00 pm
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WEEK 3

- Tuesday, March 18 | 5:30 – 9:00 pm
- Thursday, March 20 | 5:30 – 9:00 pm
- Saturday, March 22 | 9:00 am – 4:30 pm

WEEK 4

- Tuesday, March 25 | 5:30 – 9:00 pm
- Thursday, March 27 | 5:30 – 9:00 pm