

Are You Safe?

If you are experiencing emotional, physical, or sexual abuse, Alexandra House can help!

Alexandra House, Inc. provides supportive services and resources to all survivors of domestic, sexual, and relationship violence.

Advocates can:

- Help make a safety plan
- Provide emotional support and support groups
- Discuss your legal options
- File an Order for Protection
- Go to court hearings with you
- Explain the criminal and civil court process
- Offer on-site hospital advocacy and support

- Advocate on your behalf
- Assist you in reporting the abuse to law enforcement
- Offer you community resources and options
- Provide you with information on domestic, sexual, and relationship violence

Alexandra House's services are free and confidential.

You can call anonymously at 763-780-2330 or talk to your counselor to request a meeting.



24-Hour Helpline: 763-780-2330 **Email:** ysadvocate@alexandrahouse.org **Website:** alexandrahouse.org



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