Are You Safe?

If you are experiencing emotional, physical, or sexual abuse, Alexandra House can help!

Alexandra House, Inc. provides supportive services and resources to all survivors of domestic, sexual, and relationship violence, as well as elder abuse.

Advocates can:

- Help make a safety plan
- Provide emotional support and support groups
- Offer you a safe place to stay
- Discuss your legal options
- File an Order for Protection
- Go to court hearings with you
- Explain the criminal and civil court process
- On-site hospital advocacy and support
- Advocate on your behalf
- Assist you in reporting the abuse to law enforcement
- Offer you community resources and options
- Provide you with information on domestic, sexual, and relationship violence

Alexandra House's services are free and confidential.

Alexandra House, Inc.
24-Hour Helpline: 763-780-2330
advocate1A@alexandrahouse.org
www.alexandrahouse.org

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