

Signs of Teen Dating Violence

Romantic relationships between teenagers are incredibly complicated. The undertaking of a relationship, very often, requires more maturity than most teens have developed. These relationships are more likely to be riddled with problems include communication, jealousy, and selflessness. As a result, teenagers are more likely to be involved in relationships that are unhealthy, violent, and/or abusive. It is important to understand the behaviors that may point to an unhealthy and/or abusive relationship.

Reg Flags in Teenage Relationships

Unhealthy or abusive relationships take many forms, and there is not one specific behavior that causes a relationship to be categorized as such. However, there are certain behaviors that should be cause for concern. Behaviors that should raise a red flag include:

- Excessive jealousy or insecurity;
- Invasions of your privacy;
- Unexpected bouts of anger or rage;
- Unusual moodiness;
- Pressuring a partner into unwanted sexual activity;
- Blaming you for problems in the relationship and not taking any responsibility for the same;
- Controlling tendencies;
- Explosive temper;
- Preventing you from going out with or talking to other people;
- Constantly monitoring your whereabouts and checking in to see what you are doing and who you are with;
- Falsely accusing you of things;
- Vandalizing or ruining your personal property;
- Taunting or bullying; or
- Threatening or causing physical violence.

