

Help for Victims of Domestic and Sexual Violence

*Alexandra House is a resource for everyone who is affected by domestic,
sexual, and relationship violence and elder abuse.*

Who we are:

Alexandra House, Inc. is a community non-profit located in Blaine and Anoka providing services to victims of sexual and domestic violence. All services are confidential and free of charge. Interpreter services are available.

What is Domestic and Sexual Violence?

Domestic violence is a pattern of abusive behavior used by someone to gain or maintain power and control over their intimate partner. Domestic violence can include tactics of physical, sexual, emotional, economic, or psychological abuse or threats of abuse.

Sexual violence is the use of sexual actions and words that are unwanted by and/or harmful to another person.

We provide...

- **24-Hour Crisis Services**—includes a helpline, emergency shelter, and hospital advocacy at Mercy and Unity Hospitals.
- **Legal Advocacy Services**—includes assistance filing protection orders as well as advocacy and support through the criminal court process.
- **Housing and Supportive Services and Elder Abuse**— includes case management, goal setting, and assistance accessing community resources.
- **Support Groups**— covering various of topics related to healing from domestic and sexual violence.

Call our helpline if you need information about any of these services or other resources or would like assistance with safety planning.

24-Hour Helpline: 763-780-2330

