Alexandra House

24-Hour Domestic and Sexual Violence Helpline: 763-780-2330 <u>alexandrahouse.org</u>











Alexandra House saved my life, body, soul, and spirit. I'm free!! Do I have struggles? Yes, but I learned to be my own advocate.

Alexandra House helped me feel safe and ensured Thad a safety plan when Tleft.

Help for Victims of Domestic and Sexual Violence

Ayuda para las víctimas de violencia doméstica y sexual

Kev Pab Rau Cov Neeg Raug Lwm Tus Hauv Tsev Tsim Txom thiab Quab Yuam

مساعدة لضحايا العنف المنزلي والجنسي

Caawimaad ku Socota Dhibbanayaasha Bahdilka iyo Kufsiga Guriga

Interpreter services are available.







Alexandra House

Help for Victims of Domestic and Sexual Violence







763-780-2330

Alexandra House is a non-profit, community-based organization located in Blaine, Andover, and Anoka which provides 24-hour emergency shelter, supportive services, and community advocacy to victims/survivors of domestic, sexual, and relationship violence.

Mission

Our mission is to empower victims of domestic and sexual violence, and inspire social change, through education, support, and advocacy.



Domestic and Sexual Violence

Domestic violence is a pattern of abusive behavior that one person uses to gain or maintain power and control over another. Domestic violence can be physical, sexual, emotional, financial, or psychological actions or threats of actions that influence another person.

Sexual violence is the use of sexual actions and words that are unwanted by and/or harmful to another person. Some of these actions are defined as crimes by Minnesota statutes. Some experiences of sexual violence are hurtful violations of personal boundaries but may not rise to the level of a crime. However, that does not diminish the victim's experience of being harmed.

24-Hour Emergency Shelter

Available to victims of domestic and sexual violence and sex trafficking, as well as elder abuse. All necessities are provided, including meals, toiletries, clothing, linens, diapers, and laundry facilities.

24-Hour Helpline

Confidential support, including advocacy, information, or referrals for victims of domestic and sexual violence or family/friends seeking assistance for loved ones.

Housing and Supportive Services

Available to survivors exiting the shelter. This program offers transformative opportunities for participants to achieve personal goals, increase financial stability, build life skills, integrate with their community, and stabilize housing.

Legal Advocacy

A resource to help participants navigate the legal system in criminal and protective order cases.

24-Hour Hospital Advocacy

On-site advocacy and support to victims of domestic and sexual violence at Mercy Hospital - Unity Campus and local affiliated Allina clinics.

Support Groups

Community-based support groups teach selfadvocacy and coping skills while providing support and feedback throughout the healing journey.

Youth Services

School-based prevention education, advocacy, oneon-one, and support group intervention services are provided to elementary, middle, high school, and college-aged students throughout Anoka County— Summer community-based outreach services are provided through local partnerships.

Flder Abuse Services

Comprehensive services and support to older adult abuse, neglect, and financial exploitation victims.

Community Education and Professional Training

Presentations and trainings for professional or community organizations/groups.

All services are free and confidential.

You Can Help Volunteer

Volunteers support nearly every area of the organization.

Opportunities Include:

- Childcare Volunteer *
- Shelter & Supportive Services Advocate *
- On-Call Hospital Advocate *
- Kitchen/Facility Assistant
- Community Engagement
- Service Projects/Special Events

A 50-hour volunteer training is offered biannually for individuals 18 years or older who wish to work directly with our participants. * Requires training

Information on volunteering with Alexandra House can be found at *alexandrahouse.org*.

Financial and Material Contributions

We rely on the generosity of our community to continue our services. Alexandra House is a 501(c)(3) nonprofit organization. Financial contributions to Alexandra House may qualify as a charitable deduction for federal income tax purposes.

You can donate online at *alexandrahouse.ora*, or mail your contribution to:

Alexandra House 10065 - 3rd Street NE Blaine, MN 55434



Material Goods

If you are interested in donating material goods. please call the Donation Hotline at 763-795-5473 or email donations@alexandrahouse.org to schedule an appointment.

Host a Drive

Individuals or groups are always welcome to hold a drive on our behalf Contact our Donor Services Assistant for more information at 763-795-5471

