



## About Advocate Training

Our 50-hour domestic and sexual violence training is required prior to becoming a direct-service advocate. This training covers the spectrum of domestic and sexual violence, trafficking, the impact of trauma, crisis intervention, advocacy skills, and more.

## Volunteer Requirements

Volunteers need to have excellent communication skills, heightened cultural awareness, and an ability to maintain confidentiality. Additionally, volunteers must: be over 18, have a valid driver's license, pass a background check, be able to make a one-year commitment, and attend meetings and trainings as needed.

## Get Started

Pre-registration is required to attend the training and **all sessions are mandatory**. Complete the [Volunteer Application](#) to be placed on our volunteer training contact list. Contact Mollie Ziebart, Volunteer Services Coordinator, with questions at 763-795-5452 or email at [mziebart@alexandrahouse.org](mailto:mziebart@alexandrahouse.org).

## Spring 2023 Training

### Training Dates

#### WEEK 1

- Tuesday, April 4 | 5:30 – 9:00 pm
- Thursday, April 6 | 5:30 – 9:00 pm

#### WEEK 2

- Tuesday, April 11 | 5:30 – 9:00 pm
- Thursday, April 13 | 5:30 – 9:00 pm
- Saturday, April 15 | 9:00 am – 4:30 pm

#### WEEK 3

- Tuesday, April 18 | 5:30 – 9:00 pm
- Thursday, April 20 | 5:30 – 9:00 pm
- Saturday, April 22 | 9:00 am – 4:30 pm

#### WEEK 4

- Tuesday, April 25 | 5:30 – 9:00 pm
- Thursday, April 27 | 5:30 – 9:00 pm