

## ***Volunteer Advocate Training***

The biannual volunteer training presents the unique opportunity for community members to learn critical skills when working with victims/survivors of domestic, sexual, and relationship violence, and abuse in later life. Whether working in our shelter, as hospital advocates, or childcare providers, volunteers are an indispensable component of Alexandra House's work. There is no substitute for a reassuring voice and a steady hand in an emergency.

**The training is comprised of ten individual (mandatory) sessions** that cover topics that range from legal matters to the specific needs of survivors and their families. Interactive workshops, guest speakers, and the most current research help prepare volunteers for the sensitive nature of this work and to hone appropriate responses to crisis.

Along with a desire to help Anoka County families, an ideal candidate must have excellent communication skills, heightened cultural awareness, and an ability to maintain confidentiality. Additionally, candidates must: be over 18, have a valid Driver's License, pass a background check, be able to make a one-year commitment, and attend meetings and trainings as needed.

**Pre-registration is required** to attend the training and **all sessions are mandatory**. Please complete the Volunteer Application to be placed on our volunteer training contact list. Contact Mollie Ziebart, Volunteer Services Coordinator, with questions at 763-795-5452 or email at [mziebart@alexandrahouse.org](mailto:mziebart@alexandrahouse.org).

### ***Spring 2022 Advocate Training Dates***

***Mandatory Information Session: Thursday, March 10 | 5:30 – 7:00 pm***

#### **WEEK 1**

- Tuesday, March 29 | 5:30 – 9:00 pm
- Thursday, March 31 | 5:30 – 9:00 pm
- Saturday, April 2 | 9:00 am – 4:30 pm

#### **WEEK 2**

- Tuesday, April 5 | 5:30 – 9:00 pm
- Thursday, April 7 | 5:30 – 9:00 pm
- Saturday, April 9 | 9:00 am – 4:30 pm

#### **WEEK 3**

- Tuesday, April 12 | 5:30 – 9:00 pm
- Thursday, April 14 | 5:30 – 9:00 pm

#### **WEEK 4**

- Tuesday, April 19 | 5:30 – 9:00 pm
- Thursday, April 21 | 5:30 – 9:00 pm