

Help for Victims of Domestic and Sexual Violence

Alexandra House is a resource for everyone who is affected by domestic and sexual violence and abuse in later life.

Who we are:

Alexandra House, Inc. is a community non-profit located in Blaine and Anoka which provides services to victims of sexual and domestic violence. All services are confidential and free of charge. Interpreter services are available.

What is Domestic and Sexual Violence?

Domestic violence is a pattern of abusive behavior that is used by someone to gain or maintain power and control over their intimate partner. Domestic violence can include tactics of physical, sexual, emotional, economic, or psychological abuse or threats of abuse.

Sexual violence is the use of sexual actions and words that are unwanted by and/or harmful to another person.

We provide...

- **24-Hour Crisis Services**— which includes a help line, emergency shelter, and hospital advocacy at Mercy and Unity Hospitals.
- **Legal Advocacy Services**— which includes assistance filing protection orders as well as advocacy and support through the criminal court process.
- **Follow Up and Aging Services**— which includes case management, goal setting, and assistance accessing community resources.
- **Therapy and Support Groups**— covering a variety of topics related to healing from domestic and sexual violence.

Call our helpline if you need information about any of these services or other resources, or you would like assistance with safety planning.

24-Hour Help Line: 763-780-2330

