

## Services for Older Adults

### Support



### 24-hour Help Line (763) 780-2330

You have a right to safety, security, and dignity. Is someone you love or trust harming you in any of the following ways:

### Financial Assistance



- Isolating you by keeping you from friends or family
- Controlling where you go by refusing to provide transportation to your faith community, social groups, visits to the doctor
- Controls what happens with your money, using your money for themselves
- Calling you names or threatening to hurt you or a loved one
- Hiding your assistive device such as eyeglasses, walkers, hearing aids, etc.
- Stealing from you
- Threatening to leave or put you in a nursing home
- Hurting your pets
- Hitting, shaking, pushing, burning, or choking you
- Touching you in ways or places you do not want to be touched
- Withholding food, water, medication, in-home care, or other needed goods or services

### Transportation



### Legal Assistance



### Safety Planning



### Housing Assistance



### Therapy & Support Groups



*We offer support and resources to adult victims of abuse, 50 and over. All services are confidential and free-of-charge!*

*You don't have to leave your home to come to ours. We offer a wide range of advocacy and support services in the community. Whether you just want to explore your options or need someone to help you actively plan for your safety, we can help.*

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