

Serve a Meal

Group Volunteer Project Description

Opportunity Title	Serve a Meal Volunteer Project
Supervised By/ Reports To	Facility Coordinator
Overview of Opportunity	Your group will plan, purchase the ingredients for, and prepare a meal or snack at the Alexandra House shelter. Groups will also be responsible for serving and clean-up. After all clients have been served, groups are welcome to join families for the meal. Groups also have the option of decorating the dining area for a themed meal.
Project Examples	<p>Meals/Theme Ideas:</p> <ul style="list-style-type: none"> • A pizza party with fresh fruit and/or salad <ul style="list-style-type: none"> ○ With a make your own ice cream sundae bar • A barbecue theme night <ul style="list-style-type: none"> ○ With Root beer floats • A Hawaiian Luau theme night with special decorations • Homemade beef stroganoff with salad and bread <ul style="list-style-type: none"> ○ With a decorate your own sugar cookies kid-friendly activity with frosting and sprinkles • An Italian night with pasta, salad and garlic bread • Taco Tuesday with all the fixings
Time Commitment	<p>Meals can be served following times:</p> <ul style="list-style-type: none"> • Lunch 11:15am-12:00pm (weekends only) • Dinner 4:30pm-5:30pm <p>In addition to the times above, groups should factor in additional time for preparation and clean-up on the day of their project and for purchasing ingredients and planning time before the project.</p>
Requirements	Groups must be able to purchase ingredients for a meal or snack to serve between 35-40 women and children. Teen volunteers (ages 15-17) must have at least one adult supervising.
Group Size (3-4)	Due to tight space in the kitchen, the Serve a Meal Volunteer Project is best suited for groups between 3-4 members.
Experience	Group members should be comfortable in a kitchen and able to interact with clients and staff from a variety of different backgrounds.

For more information or to schedule a date, please contact the Volunteer Services Coordinator at communications@alexandrahouse.org.